



Leonard Carl Cabot, Jr., 78, formerly of Manistee, died of natural causes Thursday March 20, 2014 at a hospital near his home in San Diego, CA. He was born April 15, 1935 in Cleveland, OH to the late Eleanor Triska and Leonard Carl Cabot, Sr. He met his wife, Loretta Lucille (Kotarak) Cabot, in Manistee, MI, both graduates of Manistee High School, class of 1953, who then preceded him in death in 1985.

He is survived by: daughter, Lori A. (Cabot) Addington, Christopher Addington, son-in-law, grandchildren: Sarah A. Addington, 17, Philip A. Addington, 15, and Eric A. Addington, 12; daughter, Lisa L. Cabot and Barry Nash, son-in-law; and son, Leonard C. Cabot III, and Lisa K. Cabot, daughter-in-law.

Upon being honorably discharged from the U.S. Navy for more than 20 years of service, Leonard worked as an electrical engineering consultant in San Diego for the remainder of his career with AMSEC, a subsidiary of Northrop Grumman, where he was scheduled to retire on March 31, 2014.

Leonard was a member of the Knights of Columbus Fourth Degree and the United States Submarine Veterans Inc.

Leonard enjoyed working and staying busy. He enjoyed spending time with his family, especially his grandchildren, and attending all of their extracurricular activities.

In lieu of flowers, the family is requesting that donations be made out to the American Cancer Society, the American Heart and Lung Association or the Arthritis Foundation.

A Memorial Mass from The Order of Christian Funerals will be held Monday, April 7, 2014 at 11:00 at St. Joseph Catholic Church in Manistee with Reverend John McCracken celebrant. Burial will follow at Mt. Carmel Cemetery and a reception will be held at St. Joseph Parish Center. The family will be at the church one hour prior to the memorial Mass on Monday to receive friends.

The Herbert Funeral Home of Manistee is in charge of local funeral arrangements.